

Mental health and wellbeing principles – appendix

Retford Oaks Academy

September 2024

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“Mental health is a state of wellbeing in which every individual realises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community.”

- World Health Organisation

1 Executive summary

The Academy follows all aspects set out in the Diverse Academies Policy.

2 Roles and responsibilities

The Academy follows all aspects set out in the Diverse Academies Policy. Jane West, Assistant Principal, oversees Personal Development within Retford Oaks Academy, Richard Stewardson, Assistant Principal oversees Safeguarding within Retford Oaks Academy. Anna Brammall is the Wellbeing Lead for students within Retford Oaks Academy.

3 Training

The Academy follows all aspects set out in the Diverse Academies Policy.

4 Designated mental health lead

The Academy follows all aspects set out in the Diverse Academies Policy.

Richard Stewardson oversees Safeguarding including mental health and Anna Brammall is the Mental Health Lead.

5 Trustees and academy committees

The Academy follows all aspects set out in the Diverse Academies Policy.

6 Review

The Academy follows all aspects set out in the Diverse Academies Policy.